



PH.D · M.PHIL · MA ENGLISH · COUNSELLING PSYCHOLOGY

Dr. *N. Safrine*

Mapping the intersections of literature, life-writing, and the feminine self

EDUCATOR

POET

RESEARCHER

EDITOR

TRAINER

ABOUT

Between the Lines of *Life & Literature*

Dr. N. Safrine is a **scholar, poet, and educator** whose work lives at the crossroads of life-writing, feminist autoethnography, and the literary traditions of Indian Muslim women. Her PhD research from Stella Maris College, Chennai, explores the interspersing trajectories of self and culture in memoirs that navigate identity, faith, and resistance.

With over **14 academic publications** in UGC-CARE listed and SCOPUS indexed journals, she has established herself as a leading voice in the study of South Asian women's narratives. Her research interests span psychoanalysis, narrative theory, Dalit literature, and postmodern fiction.

Beyond academia, Dr. Safrine has trained **UG, PG, and corporate professionals** in communication, research, and soft skills — bringing the same depth of insight to the classroom that she brings to the page.



"Literature is not merely a mode of expression — it is an act of resistance, a claiming of space within the archive of human experience."

— Dr. N. Safrine



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LinkedIn Profile

Academic Writing

Editing & Proofreading

Research & Analysis

Corporate Training

EXPERTISE —————

What I *Bring*





Life-Writing Studies

Autoethnography, memoir,
feminist narrative — tracing
the self through text.



English Language Training

LSRW skill development for
UG, PG and corporate
professionals.



Academic Editing

Editorial board member for
10+ journals including
SCOPUS-listed
publications.



Research Mentorship

Resource person for 50+
FDPs, workshops, and
international conferences.



Psychology & Literature

Intersections of
psychoanalysis, narrative
theory, and literary criticism.



Public Speaking

Keynote speaker at national
and international academic
conferences.

EXPERIENCE

A *Journey* in Words & Classrooms

2026 • RESOURCE PERSON

Soft Skills for Professional Success — 3-Day Training

M.O.P. Vaishnav College for Women (Autonomous), Chennai

- Led a three-day programme for UG students on communication, teamwork, adaptability and lifelong learning
- Interactive sessions built on student discussion, reflection and presentations

AUG 2023 - DEC 2024

Assistant Professor

Sathyabama Institute of Science and Technology

- Technical English for Engineering students; General English
- Myth in Literature and conceptual frameworks (MA English)
- Introduction to literary criticism and new literatures

FEB 2022 - MAY 2023

Project Fellow

University of Madras — RUSA 2.0 Theme 3

- Developed a collaborative Information System and CMS
- Contributed research content and project reporting

ONGOING

English Language Trainer

UG/PG Colleges · Corporate · Loyola Online Summer Training

- Research, presentation and communication skills training
- Corporate training for IT companies including Virtusa

WORK WITH ME

Publish, Write & *Grow With Me*

Fourteen peer-reviewed papers. Editorial board of 10+ journals, including SCOPUS-listed titles. I now guide PhD scholars and early-career faculty through the one thing that decides careers in Indian academia — getting published, and writing with confidence.



1:1 Research & Publication Mentorship

FOR PHD SCHOLARS & YOUNG FACULTY

One-to-one guidance to take your paper from draft to a UGC-CARE / SCOPUS submission — journal selection, structuring, the reviewer's-eye edit, and response to comments.

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Talks, Keynotes & FDPs

FOR INSTITUTIONS & CONFERENCES

Resource person for 50+ FDPs, international conferences, and multi-day soft-skills & professional-success training for students and faculty (e.g. M.O.P. Vaishnav College for Women, Chennai).

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RESEARCH

Doctoral *Work* & Publications

PHD THESIS — STELLA MARIS COLLEGE, CHENNAI (2018-2021)

Mapping the Interspersing Trajectories of 'Self' and 'Culture': An Autoethnographic Study of Attia Hosain's Sunlight on a Broken Column, Ismat Chughtai's A Life in Words and Zarina Bhatti's Purdah to Piccadilly

Stella Maris College, Chennai | Awarded: September 2021

LIFE WRITING

AUTOETHNOGRAPHY

WOMEN'S WRITINGS

INDIAN LITERATURE

PSYCHOANALYSIS

NARRATIVE THEORY

MUSLIM WOMEN

FEMINIST CRITICISM

2024

*A Critical Reflection of Bama's Karukku
as a Testimonial Narrative*

IJNRD · ISSN 2456-4184

2024

*Interspersing Memory and Narrative
through Life-Writing*

UGC CARE Listed Journal · ISSN
0972-9682

2023

*Book Review: Arundhati
Subramaniam's Women Who Wear Only
Themselves*

South Asian Research Journal
(SCOPUS)

2022

*Tracing the Interspersing Trajectories of
'Self' and 'Culture'*

Sahitya Akademi's Indian Journal,
Issue 330

2021

*Reading Between the Lives: A Feminist
Autoethnographic Study*

Kanpur Philosophers (International)

2019

*Literature as a Mode of Expression and
Resistance in Indian Muslim Women's
Life-Writings*

IJELLH · Volume 7

Watch Dr. Safrine *Speak*



Talk on Resilience & Mental Health

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Talk on Resilience & Mental Health



Research Writing & Publication

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Research Writing & Publication



Book Introduction — Mapping the Trajectory

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Book Introduction — Edited Volume



Life Writing & Autobiography

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GALLERY

Moments from the *Field & Stage*







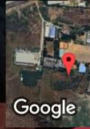
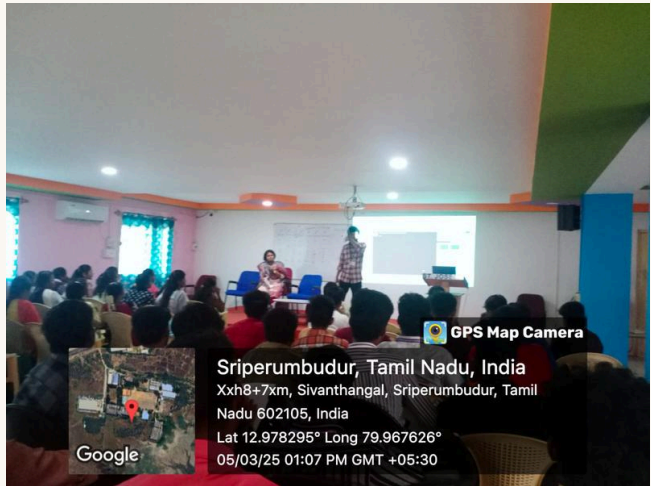
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Academic *Foundations*

Ph.D in English

Stella Maris College, Chennai

2018 - 2021

PG Diploma in Counselling Psychology

University of Madras

2020 • 73%

M.Phil in English

Stella Maris College, Chennai

2017 · 73%

MA in English

Stella Maris College, Chennai

2016 · 72%

BA Journalism

MOP Vaishnav College, Chennai

2014 · 72%

Schooling (State Board)

A.M.M MAT HR. SEC School

2009 · 90%

HONOURS

Awards & *Recognition*

01 Her Educationist Award — Inspiring Diva Awards 2026

Conferred by VTI and Arula Publication in recognition of excellence in education.

02 Best Paper Award

For "Women and Culture" presented at Hindusthan College of Arts and Science, Coimbatore.

03 Jawaharlal Nehru Memorial Fund (JNMF) Scholarship

Recipient for PhD research funding from 2019 to 2021.

04 Research Project Fellowship — RUSA Theme 3

Government of India fellowship (2022–2024) under the University of Madras.

05 Editorial Roles — 10+ National & International Journals

Including SCOPUS-listed World Journal of English Language, Routledge Handbook reviewer, and PLOS One.

CREATIVE WORK

Beyond the *Academy*

BOOK — POETRY COLLECTION

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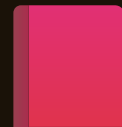
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ESSAYS — INDIAANYA

The Beauty of Faith · A Tribute to My Mother · The Joy of Not Knowing

Personal essays in online literary magazine



SHORT STORIES — KITAAB

Dancing Dolls of Tamil Nadu · The Smell of Love

International Literary Magazine · Poem "Feathers of Failure" in The Criterion

Dr. N. Safrine

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